

Oh How Healthy
HEALTHY DRINK
OPTIONS



Simple Healthy Drinks to try! Instead of having a drink high in added sugars and corn syrups, try one of these!

- Coconut Water
- Chocolate Coconut Water
- No Sugar added real fruit juice
 - Apple, orange, cherry, grapefruit
- Water infused with fruit
 - watermelon & basil
 - lemon & lime
 - strawberry mint
- Almond milk
- Chocolate Cashew Milk
- Fruit Smoothie
- Kombucha
- Seltzer Water
- Iced Tea
- Fresh Lemonade

